

# OUTDOOR ADVENTURE IN GASTON COUNTY

## Crowders Mountain State Park

Climb rugged peaks rising 800 feet above the surrounding countryside and 1,600 feet above sea level. Rocky ledges and outcrops are the perfect seats from which to view the panorama below. A visit to Crowders Mountain might include hiking, rock climbing, backcountry camping, picnicking, and fishing.



## Daniel Stowe Botanical Garden

An inspiring, unforgettable garden experience that instills a love of nature and its beauty, Daniel Stowe Botanical Garden is located on 380 acres of rolling meadows, woodlands, and lakefront property, and is ideal for a weekend getaway.



## Whitewater Center

Situated on more than 1,100 acres of woodlands along the Catawba River, Whitewater Center promotes an active, outdoor lifestyle with mountain biking, hiking trails, a climbing center, zip lines, flatwater and whitewater kayaking, rope courses, canopy tour and more.



## Catawba River and South Fork River

Paddling the calm waters is super easy and a fun way to pass the time. Grab a canoe or kayak and head to the Catawba or South Fork River.

More adventures at [GoGastonNC.org](http://GoGastonNC.org)

