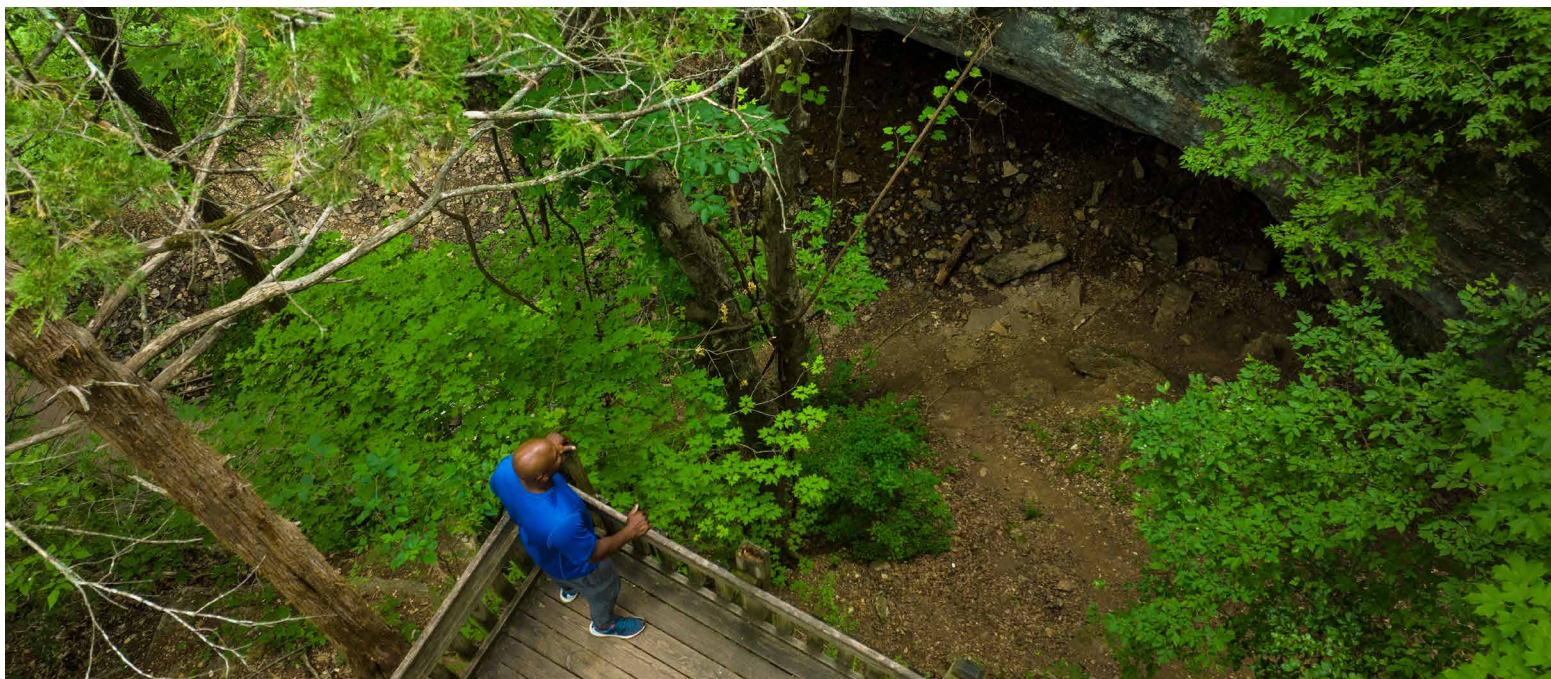




MEET UP. OR DOWN.

Delve deep and reach new heights
in Columbia, Missouri.

Meet the city you weren't expecting.





Start Your Day

Before you take to the trails, grab a coffee and breakfast at the **Broadway Diner**. This classic throwback has been a local favorite for decades serving good old-fashioned comfort food.

Hit the Trails

With over five miles of trails, the **Grindstone Nature Area** has an expansive leash-free space for four-legged friends and prairies filled with wildflowers. Whatever you do, don't forget to take pics!

Refuel

Shakespeare's Pizza makes the perfect lunch break from a morning on the trails. With three locations in Columbia, you can get there from wherever your journey ends.

Delve Deep

Hike through **Rock Bridge Memorial State Park** and venture all the way down to the **Devil's Icebox**. Feel the temperature drop as you walk down the stairs to see trickling springs, enormous caverns and more.

Reach New Heights

Explore the cliffs at **Capen Park**, where there's no shortage of bluffs and scenic overlooks. For over 60 years, the limestone crags have been a popular destination for outdoor enthusiasts of all ages.

Enjoy the View

Embrace the scenic atmosphere of **Cooper's Landing**. This full-service marina offers campgrounds and live music. Enjoy a cold drink as you end your day watching the sunset.



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